J.strm Flow daily schedule			
Time	Thursday	Friday	Saturday
7:00am			Wake Up
8:00am			Quiet Time
9:00am			Breakfast
10:00am	Orientation	Quiet Time	Deep Cries Out
11:00am	Group Posters/Chant	Deep Cries Out	Minute to Win
12:00pm	Lunch	Lunch	Minute to Win
1:00pm	D.I.M Session I	Running Man	Lunch/ Slush Rush
2:00pm	D.I.M Session I	Running Man	Performance Practice
3:00pm	D.I.M Session II	Running Man	Performance Practice
4:00pm	D.I.M Session II	Free Time	Final Rehearsal
5:00pm	Dinner	Dinner	Dinner
6:00pm	Group Presentation	D.I.M Session III	Worship Service
7:00pm	Worship and Praise	D.I.M Session III	Worship Service
8:00pm	Worship and Praise	Performance Practice	Worship and Praise
9:00pm	Go Back Home	Free Time	The End
10:00pm		Worship and Praise	
11:00pm		Worship and Praise	
12:00pm		Light Out	